



LEGEND

- ARCHEOLOGY
- CRAFTSMANSHIP
- GASTRONOMY
- FOLKLORE

- CASTROVILLARI
- SAN BASILE
- MORANO
- LUNGRO
- PAPASIDERO
- ACQUAFORMOSA
- ALTO MONTE
- BELVEDERE MARITTIMO
- CERZETO
- BISIGNANO
- GUARDIA
- MONTALTO
- COSENZA
- AIELLO CALABRO
- MARTIRANO
- LAMEZIA T.
- TIRIOLO
- BRIATICO
- VIBO VALENTIA
- TROPEA
- MILETO
- SEMINARA
- BAGNARA
- SCILLA
- SAMBATELLO

- FIRMO
- SPEZZANO ALBANESE
- SAN COSMO ALBANESE
- SIBARI
- ROCCA IMPERIALE
- ROSETO
- VILLAGGIO MANCUSO
- LONGOBUCCO
- ROSSANO
- S. GIOVANNI IN FIORE
- SANTA SEVERINA
- CROTONE

- CATANZARO
- SQUILLACE
- SERRA SAN BRUNO
- STILO
- CAULONIA
- GERACE
- LOCRI
- BIANCO
- BRANCALEONE
- PALIZZI
- PELLARO
- REGGIO CALABRIA



COSENZA



1 Tyrrhenian Coast The itinerary develops along the cosentine-tyrrhenian coast and allows the visit to equipped seaside resorts, such as: Praia a Mare, Scalea, the Fiuzzi rocks, S. Nicola Arcella, Diamante, Belvedere Marittimo, Sangineto Lido, Cetraro and Guardia Piemontese Lido. From here you can reach the Luigiane Thermal Baths. Above the Luigiane Thermal Baths you find Guardia Piemontese. After Marina di Fuscaldo, you reach Paola, a tourist and religious center, the birthplace of S. Francesco. After Paola, the Tyrrhenian dual carriage way touches San Lucido, the beaches of Fiumefreddo, Longobardi, Belmonte, reaching finally Amantea.

2 Pollino and Ionian Coast The Ionian-cosentine coast is easy to reach, either taking the Salerno-Reggio Calabria Motorway, coming out at Firmo, or, driving along the coast, up to Metaponto. From here out, the first village of Calabria you find is Rocca Imperiale Marina. Coming back to the coast, you find Montegiordano Marina, Roseto Capo Spulico, Amendolara Marina, Trebisacce, Villapiana Lido, Cassano Jonio, renown since old times for its thermal baths, and, Castrovillari, a pleasant little town and an important commercial center. Spezzano Albanese, where dialect

and traditional costumes are still conserved from their native land.

3 Sila and Lakes From Cosenza through the Paola-Crotone dual carriageway, you arrive to Camigliatello, a renown touristical spot for winter and summer. Continuing along the SS 177, you reach Longobucco, an important center for manual carpet production. Through the Pettina Scura pass (1708 mts.) you reach S. Giovanni in Fiore, an importante center for textile craftsmanship. Taking the SS 107, after 5 kms. you arrive to the cross for Lorica (1315 mts.), an important winter and summer tourist center on the Arvo Lake.

4 Sibari and Ionian Coast Taking the Motorway from Cosenza you arrive to Sibari. Its vast plain includes the legendary Sibaris, and the excavations, which are still taking place, have brought to light a vast archeological area (the locality of Parco del Cavallo). From here, driving down to the South, you reach Marina di Schiavonea, Corigliano Calabro and S. Demetrio Corone. Continuing down the SS 106, you reach Rossano, a gracious little town, full of Byzantine monuments, and Cariati Marina, a fishing Center and seaside resort.